



HEALING MINDS. INSPIRING LIVES

+91-95525 30557

contactus@sangath.in

Sangath.in

REF ID: Sangath/SSI\_HAP/Field Investigator\_June\_2026

### **Terms of Recruitment**

**Job Title:** Field Investigator (05 positions)

**Job Location:** Bhopal, Madhya Pradesh,  
India

**Positions:** Full time

**Project:** Single-Session Healthy Activity Program (HAP) for Depression: A Mixed-Method and Multi-Cycle Iterative Pilot Study

**Duration:** 2 months

**Working Days:** Monday to Friday (9:30 am to 5:30 pm)

#### **About Sangath:**

Sangath ([www.sangath.in](http://www.sangath.in)) is a non-governmental, not-for-profit organization committed to improving health across the life span by empowering existing community resources to provide appropriate physical, psychological and social therapies. Its primary focus areas include child development, adolescent and youth health, and adult health and addictions research.

Sangath seeks to appoint Field Investigators who will be based at Bhopal hub for the “Single-Session Healthy Activity Program (HAP) for Depression: A Mixed-Method And Multi-Cycle Iterative Pilot Study” project.

#### **About the Project:**

We are carrying out a study called “Single-Session Healthy Activity Program (HAP) for Depression: A Mixed-Method And Multi-Cycle Iterative Pilot Study” with the aim to develop and evaluate the efficacy of a single-session adaptation of the Healthy Activity Program (HAP), an evidence-based psychotherapy grounded in principles of behavioural activation. HAP is a lay-counsellor based psychotherapy for treatment of depression and has been found effective for depression treatment in multiple studies across the globe. This study is being implemented in Primary Health Centres (PHCs) and Community Health Centres (CHCs) in the Bhopal district in the state of Madhya Pradesh, and in Goa.

#### **Registered Office Address**

**Headquarters:** House no. 451 (168), Bhatkar Waddo, Socorro, Porvorim, Bardez, Goa – 403501





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**This project is an intramural research study of Sangath.**

**Job profile:**

### **Job Description**

- Travel to the health facilities in Bhopal district for study participant recruitment and research study data (qualitative and quantitative) collection.
- Involvement in project activity planning, implementation, and coordination with the PHC/CHC staff.
- Participate in regular project meetings and documentation activities as per the proposed project scope.
- Providing support to projects implementation, guaranteeing quality, efficiency, and effectiveness.
- Assist and participate in other Sangath activities.
- Execute any other relevant duties assigned by the reporting person

### **Essential Candidate requirements**

- Bachelor's/Master's degree in Public Health; Social Work; Psychology or related fields/discipline
- Familiarity with conducting psychological scales such as PHQ9, GAD7, PAAS and other scales
- Experience in qualitative research: conducting in-depth interviews, focus group discussions
- Fluency in Hindi
- Must possess a two-wheeler and a driving license
- Prior experience of working on a research project at Bhopal PHCs and similar role for a minimum of 2-3 years
- Good computing (MS Office), organizational and communication skills

### **Desirable criteria**

- Experience of working with multi-disciplinary teams.
- Ability to work effectively both independently and as part of a team.
- Ability to work on tight deadlines.
- Understanding of collecting mental health related and clinical data
- Affinity and familiarity with Public Health Systems
- Understanding of ethics in research and mental health

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### **Remuneration and contractual duration**

Salary offered will be commensurate based on the education, work experience and as per applicable Sangath policy. The appointment will be short term, for 2 months.

### **Last Date and address for applications**

Full applications must include a detailed CV and cover letter along with the details of two references to [akanksha.shukla@sangath.in](mailto:akanksha.shukla@sangath.in) by **June 15, 2026, 5:00 pm IST. (Immediate hiring on rolling basis. The selection process will close if suitable candidates are found earlier)**

Short-listed candidates will be invited for a telephone, virtual or in-person interview.

*\*Incomplete applications will not be considered.*

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