



HEALING MINDS. INSPIRING LIVES

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Sangath.in

Position: School Counselor / Facilitator

Number of Vacancy: 01

Reports to: Project Coordinator

Working day: Monday to Friday (as per school timings) (40 hours/week)

Duration: November 2025-March 2026

Site Location: Gurgaon

Office Location: East of Kailash, South Delhi

Application Deadline: 5PM, October 22, 2025

About Sangath

Sangath is a leading non-profit organization dedicated to transforming healthcare by focusing on mental health and public health initiatives. Our mission is to empower communities through world-class research, innovative healthcare solutions, and compassion-driven services. We are proud to have recently been recognized with the prestigious "Great Place to Work" award, a testament to our commitment to fostering an inclusive and supportive work culture.

Our Values

At Sangath, our values form the cornerstone of everything we do. For nearly three decades, we have passionately upheld a belief in the power of empathy, teamwork, and respect for every individual we serve and work with. We are committed to excellence in delivering world-class research and mental health services, backed by professional rigor and cutting-edge technology.

Our drive for innovation keeps us forward-thinking, always learning and evolving to solve complex healthcare challenges. We take pride in our unwavering integrity, ensuring transparency, accountability, and ethical practices throughout our work. Finally, we hold performance as a key measure of success, continuously striving for impactful, sustainable solutions. These values have been the backbone of our organization, guiding us on a journey of creating lasting change in the communities we serve.

Benefits

We believe in taking care of our team as much as they care for our mission. Sangath offers a dynamic range of benefits that reflect our commitment to our employees' well-being and professional growth. These include Provident Fund (PF), ESIC, Gratuity, and comprehensive Medical Insurance, ensuring financial and health security. We offer flexible work timings to promote a healthy work-life balance, along with special leaves such as Menstrual Leave and Gender Affirmation Leave. Our progressive work-from-home policy is designed to give employees the flexibility they need in today's changing work environment. Joining Sangath means being part of an organization that truly values and supports its people.

About the Programme

The **Mental Health for Schools (MHFS)** programme aims to make mental health education an

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integral part of school life. Through interactive workshops, counselling support, and school-wide well-being activities, MHFS equips students and educators with practical tools to understand emotions, manage stress, and build resilience. Implemented by Sangath and supported by KPMG CSR, the programme focuses on breaking stigma, creating safe spaces, and ensuring that conversations about mental health are simple, accessible, and empowering for young people.

About the Role

The School Counselor / Facilitator will be responsible for delivering mental health workshops, providing individual counselling to students, and engaging with educators and school leadership to implement the MHFS programme in schools. The role involves facilitating interactive sessions, coordinating mental health activities, and ensuring accurate documentation and reporting.

As part of a highly supportive team, you will receive expert supervision, ongoing training, and mentorship from experienced facilitators and mental health professionals. This position offers an opportunity to create a meaningful impact by improving the emotional well-being and resilience of students.

Key Responsibilities

- Facilitate engaging workshops for students and educators (online/offline).
- Provide one-on-one emotional support to students.
- Translate and adapt content into Hindi, as required.
- Document, report, and maintain accurate session records in line with protocols.
- Lead school-wide mental health activities and dissemination campaigns.
- Coordinate with school points of contact (PoCs) and KPMG volunteers for programme implementation.
- Contribute to the manualisation and design of workshop content.
- Report progress to the Project Coordinator and intervention teams on a weekly basis.
- Attend regular supervision sessions, team meetings, and training workshops at Sangath.
- Support research, evaluation, and documentation efforts to strengthen programme outcomes.

The above responsibilities are indicative and not exhaustive. Additional tasks may be assigned within the scope of the role.

Essential Criteria

- Bachelor's degree in Psychology, Social Work, or related fields.
- Fluency in Hindi, along with proficiency in English.
- Experience in facilitating online and offline workshops/ awareness sessions.
- Understanding of context and respect towards low-income communities.
- Commitment for the whole project duration i.e. 9 months
- It is desirable if the applicant has previous field work experience in schools/ low-income communities for young people.

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- Applicants with Masters/ Post-graduate diploma/ advanced training in mental health or counselling would be preferred.

What We Offer

- Comprehensive training to build your skills in facilitation, counselling, workshop design, suicide gatekeeping, problem-solving techniques, reporting etc.
- Expert clinical supervision from senior therapists and facilitators.

Remuneration and Benefits

The offered remuneration aligns with Sangath's salary grade, with a monthly salary of ₹32,000, inclusive of all additional benefits including PF and health insurance.

How to Apply

Please apply by filling [this form](#) by **5PM, 22nd October 2025**.

You can also scan the QR code



If you are unable to apply through the form, please share your CV and cover letter to sanjana.jain@sangath.in

Equal Opportunity

Sangath is an equal-opportunity employer committed to building a diverse and inclusive team. We value all employees, regardless of gender, caste, religion, disability, or sexual orientation, and encourage applicants from all backgrounds to apply.

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