





contactus@sangath.in



Job title: Research Associate

HEALING MINDS. INSPIRING LIVES

**Location:** Rewari

Contract type: Full time (100% FTE)

**Programme:** Stressors of anxiety and depression in young people (STEER)

**Tenure:** 3 years (Performance will be reviewed at the end of each year and the appointment for the subsequent year will be renewed based on satisfactory performance. The position is co-terminus with the

project.)

Number of positions: 2

Applications due by 21<sup>st</sup> November, 2025.

### About the position:

We are looking for an enthusiastic, innovative and self-motivated individual, with excellent communication and organisational skills to join an exciting new 3-year Being Initiative-funded programme (STEER). Programme partners include Indian Institute of Technology Bombay (IITB) (India), Sapien Labs Centre for the Human Brain and Mind, Krea University (India), University of Keele (UK), and Caring From Distance (CFD) (Vietnam). The programme aims to advance understanding about how impaired cognitive and social development during preschool years serves as a mechanism by which stressors, including childhood trauma, violence, conflict, and media, contribute to anxiety and depression in youth. We will investigate these mechanisms in Rewari, Haryana, where we have established the SPRING birth cohort.

The Research Associate reports to the Programme Director.

#### Overview of role:

The broad objective of this role will be to support research activities on the STEER programme. The role will liaise with programme coordinators and field teams to ensure implementation of programme activities.

The post-holder will be provided opportunities for professional development in mental health research methods.

## **Key responsibilities:**

- 1. Research activities
  - Support translation of all English study tools to Hindi, back-translation to English and documentation of all adaptations through the pilot
  - Support data manager in digitisation of tools on Redcap application
  - Get trained in administration of all study tools
  - Support pilot study to finalise study tools
  - Support creation up of standard operating procedures for all study tools



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- Support Community Engagement Coordinator and Officer to recruit LEAP members and conduct and document all activities
- o Draft ethical and scientific reports in a timely manner
- Draft project reports and newsletters for internal and external stakeholders
- Prepare/draft write-ups as may be required for inclusion in/ to support proposals, posters, presentations/seminars and publications.
- Support systematic piloting of a digital mental health intervention for adolescents

### 2. Field team support activities

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- Support training of non-specialist workers on all study tools
- Provide supportive supervision to non-specialist workers throughout the data collection period
- Participate in field team meetings to review challenges and support mitigation strategies for data collection
- Provide refresher training sessions on all study tools to non-specialist workers
- Support management of day-to-day activities and logistics of data collection
- Handle any field-related issues as they arise

### 3. Other responsibilities

- o Ensure confidentiality of any data collected or handled
- Communicate with team members to ensure optimal strategy and maximum efficiency of programme activities
- Participates in training, conferences and special interest groups at Sangath and externally

The above list of responsibilities is not exhaustive, and the post-holder will be required to undertake such tasks and responsibilities as may reasonably be expected within the scope and grading of the post.

#### **Essential criteria:**

- Master's degree in a relevant discipline (psychology / social science/ health)
- 2. Good inter-personal skills and ability to network, build and maintain strong relationships.
- 3. Excellent presentation skills, excellent quality of written work in English and Hindi.
- 4. Excellent MS office skills
- 5. Ability to work with limited supervision to meet deadlines.
- 6. Willingness to be based at Rewari

#### Compensation:

Competitive salary package commensurate with educational qualifications, work experience and as per applicable Sangath policy. The initial appointment will be made for six months' probation from the date of joining, with renewal up to one year based on a performance review.

#### **How to Apply:**

Interested candidates can apply by scanning the QR code provided. If the QR code is not accessible, candidates may email their CV directly to bittoo.kumar@sangath.in with





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subject line: 'Application for Research Associate, STEER' by 5:30 PM on November 21st, 2025.



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## **Candidates must submit:**

- 1. Cover letter explaining how candidate meets each of the essential criteria/applicable desirable criteria
- 2. Detailed CV including relevant portfolio of past projects (if available)
- 3. Contact details of two professional references

Please note that only complete applications will be considered.

# **Equal Opportunity**

Sangath is an equal-opportunity employer committed to building a diverse and inclusive team. We value all employees, regardless of gender, caste, religion, disability, or sexual orientation, and encourage applicants from all backgrounds to apply