



Date: 15-09-2026

Position: Lay counsellor

Type of employment: Internship

Number of Vacancy: 03

Reports to: Public Engagement Officer

Duration: October 2026-March 2027

Location: Bangalore, Hyderabad and Kolkata (virtually)

Languages: Kannada / Telugu / Bengali respectively

Working days: Monday to Saturday, flexible and outside college hours.

About Sangath

Sangath is a leading non-profit organization dedicated to transforming healthcare by focusing on mental health and public health initiatives. Our mission is to empower communities through world-class research, innovative healthcare solutions, and compassion-driven services. We are proud to have recently been recognized with the prestigious "Great Place to Work" award, a testament to our commitment to fostering an inclusive and supportive work culture.

Our Values

At Sangath, our values form the cornerstone of everything we do. For nearly three decades, we have passionately upheld a belief in the power of empathy, teamwork, and respect for every individual we serve and work with. We are committed to excellence in delivering world-class research and mental health services, backed by professional rigor and cutting-edge technology. Our drive for innovation keeps us forward-thinking, always learning and evolving to solve complex healthcare challenges. We take pride in our unwavering integrity, ensuring transparency, accountability, and ethical practices throughout our work. Finally, we hold performance as a key measure of success, continuously striving for impactful, sustainable solutions. These values have been the backbone of our organization, guiding us on a journey of creating lasting change in the communities we serve.

About the Programme

The **Mental Health for Schools (MHFS)** programme aims to make mental health education an integral part of school life. Through interactive workshops, counselling support, and school-wide well-being activities, MHFS equips students and educators with practical tools to understand emotions, manage stress, and build resilience. Implemented by Sangath and supported by KPMG CSR, the programme focuses on breaking stigma, creating safe spaces, and ensuring that conversations about mental health are simple, accessible, and empowering for young people.

Registered Office Address

Headquarters: House no. 451 (168), Bhatkar Waddo, Socorro, Porvorim, Bardez, Goa – 403501

Key Responsibilities

- Facilitate online mental health and wellbeing workshops for students in partner schools.
- Provide on-call individual support to students through online sessions, using structured problem-solving skills.
- Complete basic session documentation and attendance records as required.
- Participate in regular supervision, training and team meetings with the MHFS team.
- Escalate concerns requiring additional support to the designated MHFS supervisor, following programme protocols.

Eligibility

- Currently enrolled in an undergraduate or postgraduate college programme in Psychology, social work, or related fields.
- Strong spoken communication skills in Kannada / Telugu / Bengali and English.
- Comfortable communicating with adolescents and facilitating online sessions.
- Available to work Monday to Saturday outside college hours.
- Comfortable using Zoom/Google Meet and basic digital tools.

The above responsibilities are indicative and not exhaustive. Additional tasks may be assigned within the scope of the role.

How to Apply

Please apply by filling [this form](#) by 11:59pm, 22 September 2026.

You can also scan the QR code



For queries contact mhfs.project@sangath.in

Equal Opportunity

Sangath is an equal-opportunity employer committed to building a diverse and inclusive team. We value all employees, regardless of gender, caste, religion, disability, or sexual orientation, and encourage applicants from all backgrounds to apply.