



Date: 21/09/2026

Position Title: HAP SSI

Project Name: Single-Session Healthy Activity Program (HAP) for Depression: A Mixed-Method and Multi-Cycle Iterative Pilot Study

Number of vacancies: 01

Location: Bhopal Madhya Pradesh

Contract Duration: 2 months

Working Days: Monday to Friday (9:30 am to 5:30 pm)

About Sangath

Sangath (www.sangath.in) is a non-governmental, not-for-profit organization committed to improving health across the life span by empowering existing community resources to provide appropriate physical, psychological and social therapies. Its primary focus areas include child development, adolescent and youth health, and adult health and addictions research.

Sangath seeks to appoint Field Investigators who will be based at Bhopal hub for the “Single-Session Healthy Activity Program (HAP) for Depression: A Mixed-Method And Multi-Cycle Iterative Pilot Study” project.

About the Project

We are carrying out a study called “Single-Session Healthy Activity Program (HAP) for Depression: A Mixed-Method And Multi-Cycle Iterative Pilot Study” with the aim to develop and evaluate the efficacy of a single-session adaptation of the Healthy Activity Program (HAP), an evidence-based psychotherapy grounded in principles of behavioral activation. HAP is a lay-counsellor based psychotherapy for treatment of depression and has been found effective for depression treatment in multiple studies across the globe. This study is being implemented in Primary Health Centers (PHCs) and Community Health Centers (CHCs) in the Bhopal district in the state of Madhya Pradesh, and in Goa.

This project is an intramural research study of Sangath.

Job profile:

Job Description

- Assist in the review, refinement, and adaptation of the Single Session Intervention Guide and related materials.
- Facilitating Content Validity Index (CVI) computation as part of refinement of HAP SSI guide
- Participate in Focus Group Discussions (FGDs), interviews, and other research-related data collection activities as required.
- Attend and actively participate in training programs, workshops, and capacity-building activities.
- Deliver HAP Intervention to study participants, in accordance with protocols.
- Visiting patient homes for delivering counselling sessions and follow-up
- Participate in regular supervision sessions and incorporate feedback into intervention delivery.

Registered Office Address

Headquarters: House no. 451 (168), Bhatkar Waddo, Socorro, Porvorim, Bardez, Goa – 403501

Bhopal Office: 106, Good Shepherd Colony, Kolar Road, Bhopal – Madhya Pradesh - 462042. Tel.: (0755) 4936506

- Maintain accurate and timely documentation of intervention sessions and related activities.
- Transcribe and translate session audio recordings and other project materials as required.
- Support the planning, facilitation, and delivery of HAP training under the proposed HAP Academy, including serving as a trainer when required.
- Conducting clinical supervisor for HAP academy interns, as assigned
- Deliver HAP interventions and counselling services through in-person, telephonic, or other approved modes under the Clinical Services programme.
- Assisting in planning events to raise awareness of mental health in the project area
- Along with Intervention lead, strengthen the referral linkages with government agencies, networking with CBOs and NGOs working on various social and mental health issues.
- Assisting in the documentation of the project activities.
- Maintain close communication with the project intervention team
- Undertake any other responsibilities or tasks assigned by the Intervention coordinator/Supervisor

Essential Candidate requirements

- Graduate in psychology, public health, population sciences, psychiatric social work, social work, and any other relevant discipline.
- Coordination/management development sector, and experience in public health research/implementation projects will be an added value.
- Willingness to be based on, or relocate to Bhopal (position is Bhopal based).
- Fluency in Hindi
- Must possess a two-wheeler and a driving license
- Prior experience of working on a research project at Bhopal PHCs and similar role for a minimum of 2-3 years
- Computing (MS Office), organizational and communication skills

Desirable criteria

- Experience in working with multi-disciplinary teams
- Experience in working with Public Health systems such as PHCs/CHCs/District Hospitals.
- Experience of 1-2 years in counselling, training, supervision and project
- Experience in providing counselling in mental health in public health care settings.

Remuneration and contractual duration

Salary offered will be commensurate based on the education, work experience and as per applicable Sangath policy. The appointment will be for a short time, for 2 months.

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contactus@sangath.in
Sangath.in

Last Date and address for applications

Full applications must include a detailed CV and cover letter along with the details of two references to akanksha.shukla@sangath.in by September 25, 2026, 5:00 pm IST. (Immediate hiring on rolling basis. The selection process will close if suitable candidates are found earlier)

Short-listed candidates will be invited for a telephone, virtual or in-person interview.

**Incomplete applications will not be considered.*

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