



### SAHARA Program

**Position Title:** Research Assistant cum Supervisor

**Project Name:** SAHARA (Empower Infosys)

**Number of vacancy:** Ten

**Contract Duration:** Two years

**Job Location:** Multiple districts of MP

### **About Sangath**

Sangath is a leading non-profit organization dedicated to transforming healthcare by focusing on mental health and public health initiatives. Our mission is to empower communities through world-class research, innovative healthcare solutions, and compassion-driven services. We are proud to have recently been recognized with the prestigious "Great Place to Work" award, a testament to our commitment to fostering an inclusive and supportive work culture.

### **Our Values**

At Sangath, our values form the cornerstone of everything we do. For nearly three decades, we have passionately upheld a belief in the power of empathy, teamwork, and respect for every individual we serve and work with. We are committed to excellence in delivering world-class research and mental health services, backed by professional rigor and cutting-edge technology.

Our drive for innovation keeps us forward-thinking, always learning and evolving to solve complex healthcare challenges. We take pride in our unwavering integrity, ensuring transparency, accountability, and ethical practices throughout our work. Finally, we hold performance as a key measure of success, continuously striving for impactful, sustainable solutions. These values have been the backbone of our organization, guiding us on a journey of creating lasting change in the communities we serve.

### **Benefits**

We believe in taking care of our team as much as they care for our mission. Sangath offers a dynamic range of benefits that reflect our commitment to our employees' well-being and professional growth. These include Provident Fund (PF), ESIC, Gratuity, and comprehensive Medical Insurance, ensuring financial and health security. We offer flexible work timings to promote a healthy work-life balance, along with special leaves such as Menstrual Leave and Gender Affirmation Leave. Our progressive work-from-home policy is designed to give employees the flexibility they need in today's changing work environment. Joining Sangath means being part of an organization that truly values and supports its people.

### **About the project**

The SAHARA program focuses on scaling up evidence based 'task sharing' interventions for perinatal mental health and early child development through delivery of comprehensive primary mental health care for first 1000 days of life. Sangath has successfully digitized Thinking Healthy Program- Peer (THPP) delivered; an evidence-based task sharing intervention for perinatal depression and developed Lalan Palan, a video-based parenting intervention for early child development. We aim to scale these two interventions across 10 districts of Madhya Pradesh by digitally training community-based workers (ASHAs and Anganwadi workers) and provide them continuous supervision.

### **Essential Candidate requirements**

- A Post graduate degree in Public Health, or related Social Sciences
- Expertise in MS Office (Word, PowerPoint, Excel)

- Strong verbal and written communication skills including technical and scientific writing
- Prior experience in qualitative research methods, data collection and data analysis
- Ability to liaise and coordinate with relevant stakeholders and project collaborators
- An independent, organized, and proactive team player

#### **Desirable criteria**

- Prior experience in systematic and narrative literature reviews
- Prior training in psychology or psychosocial interventions or public health
- Experience in field data collection including administering informed consent (preferred)
- Understanding of and experience in NVivo for qualitative data analysis
- Basic experience in quantitative analysis using SPSS or Stata

#### **Job Responsibilities**

- Conduct research data collection, documentation and analysis
- Conduct field work with the SAHARA team to implement the program
- Participate in project activities with the SAHARA team
- Support the data team in regular data management and report writing
- Support design of program implementation material
- Assist research coordinator in carrying out research activities as per project timelines
- Participate in regular meetings and provide updates
- Organise, facilitate and support capacity building sessions with the team

#### **Remuneration and contractual duration-**

The salary for the above position will be based on the last drawn salary, commensurate with work experience and applicable Sangath grade. Initial appointment will be made for a period of 6 months which will be the probation period, and this will be extendable based on the performance of the candidate.

#### **Last Date and address for applications-**

Please submit your CV with cover letter to [sahili.saxena@sangath.in](mailto:sahili.saxena@sangath.in) by 24<sup>th</sup> Dec 2025. Interested candidates are encouraged to apply early as this will be rolling recruitment. Short-listed candidates will be invited for an online/in-person interview. Full applications must include a detailed CV along with a support letter from two of your referees. For more details, please go through the website [www.sangath.in](http://www.sangath.in)

*\*Incomplete applications will not be considered.*

*Sangath is an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, religion, color, national origin, gender, gender identity, sexual orientation, age, status as a protected veteran, among other things, or status as a qualified individual with a disability.*