



Date: 5/12/2025

SAHARA Program

Position Title: Research Assistant
Project Name: SAHARA
Number of vacancies: One
Contract Duration: One year
Job Location: Multiple districts of Madhya Pradesh

About Sangath

Sangath is a leading non-profit organization dedicated to transforming healthcare by focusing on mental health and public health initiatives. Our mission is to empower communities through world-class research, innovative healthcare solutions, and compassion-driven services. We are proud to have recently been recognized with the prestigious "Great Place to Work" award, a testament to our commitment to fostering an inclusive and supportive work culture.

Our Values

At Sangath, our values form the cornerstone of everything we do. For nearly three decades, we have passionately upheld a belief in the power of empathy, teamwork, and respect for every individual we serve and work with. We are committed to excellence in delivering world-class research and mental health services, backed by professional rigor and cutting-edge technology.

Our drive for innovation keeps us forward-thinking, always learning and evolving to solve complex healthcare challenges. We take pride in our unwavering integrity, ensuring transparency, accountability, and ethical practices throughout our work. Finally, we hold performance as a key measure of success, continuously striving for impactful, sustainable solutions. These values have been the backbone of our organization, guiding us on a journey of creating lasting change in the communities we serve.

Benefits

We believe in taking care of our team as much as they care for our mission. Sangath offers a dynamic range of benefits that reflect our commitment to our employees' well-being and professional growth. These include Provident Fund (PF), ESIC, Gratuity, and comprehensive Medical Insurance, ensuring financial and health security. We offer flexible work timings to promote a healthy work-life balance, along with special leaves such as Menstrual Leave and Gender Affirmation Leave. Our progressive work-from-home policy is designed to give employees the flexibility they need in today's changing work environment. Joining Sangath means being part of an organization that truly values and supports its people.

About the project

The SAHARA program focuses on scaling up evidence based 'task sharing' interventions for perinatal mental health and early child development through delivery of comprehensive primary mental health care for first 1000 days of life. Sangath has successfully digitized Thinking Healthy Program- Peer (THPP) delivered; an evidence-based task sharing intervention for perinatal depression and developed Lalan Palan, a video-based parenting intervention for early child development.

We aim to scale these two interventions across 10 districts of Madhya Pradesh by digitally training community-based workers (ASHAs and Anganwadi workers) and provide them continuous supervision.

Essential Candidate requirements

- A Post graduate degree in Public Health, or related Social Sciences
- Expertise in MS Office (Word, PowerPoint, Excel)
- Strong Hindi and English verbal and written communication skills including technical and scientific writing.

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- Prior experience in qualitative & quantitative research methods, data collection and data analysis
- Willing to do field work in various parts of Madhya Pradesh for at least 2 weeks a month.
- Ability to liaise and coordinate with relevant health system stakeholders and project collaborators for intervention implementation.
- An independent, organized, and proactive team player
- Owns and can drive a 2-wheeler.

Desirable criteria

- Prior experience in systematic and narrative literature reviews
- Prior training in psychology or psychosocial interventions or public health
- Prior experience of working with frontline health workers.
- Expertise in field data collection including administering informed consent (preferred)
- Understanding of and experience in NVivo or MAXQDA for qualitative data analysis
- Basic experience in quantitative analysis using SPSS or Stata
- Ability to work on tight deadlines

Job Responsibilities

- Conduct coverage calls with beneficiaries to conduct coverage monitoring (incidence & cumulative) to check intervention reach.
- Conduct quantitative and qualitative data collection, including structured surveys and brief interviews.
- Undertake field visits to various parts of Madhya Pradesh to observe frontline health workers conducting independent sessions and conduct household visits with beneficiaries.
- Maintain accurate and timely documentation of activities, observations, and findings related to the project.
- Assist in report preparation and contribute to data summaries for supervision and evaluation.

Remuneration and contractual duration

The salary for the above position is INR 30,000/- per month commensurate with work experience and applicable Sangath grade.

Initial appointment will be made for a period of 6 months which will be the probation period, and this will be extendable based on the performance of the candidate.

Last Date and address for applications

Please submit your CV with cover letter to sahara@sangath.in by 1st March 2026. **Interested candidates are encouraged to apply early as this will be a rolling recruitment.**

Short-listed candidates will be invited for an online/in-person interview. Full applications must include a detailed CV along with a support letter from two of your referees

**Incomplete applications will not be considered.*

Sangath is an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, religion, color, national origin, gender, gender identity, sexual

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+91-95525 30557

✉ contactus@sangath.in

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orientation, age, status as a protected veteran, among other things, or status as a qualified individual with a disability.

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