



HEALING MINDS. INSPIRING LIVES

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Sangath.in

Title: Assistant Research Coordinator – Clinical

Project name: Mechanistic Trial of Problem Solving and Behavioural Activation for Youth Depression (METROPOLIS)

Contract type: Full time (100% FTE)

Contract duration: 1 year. (The initial appointment will be made for six months' probation from the date of joining. The position is co-terminus with the project.)

Number of vacancies: 01

Reports to: Clinical Coordinator

Location: New Delhi

Application Deadline: 21st August 2026

About Sangath

Sangath is a leading non-profit organization dedicated to transforming healthcare by focusing on mental health and public health initiatives. Our mission is to empower communities through world-class research, innovative healthcare solutions, and compassion-driven services. We are proud to have recently been recognized with the prestigious "Great Place to Work" award, a testament to our commitment to fostering an inclusive and supportive work culture.

Our values

At Sangath, our values form the cornerstone of everything we do. For nearly three decades, we have passionately upheld a belief in the power of empathy, teamwork, and respect for every individual we serve and work with. We are committed to excellence in delivering world-class research and mental health services, backed by professional rigor and cutting-edge technology.

Our drive for innovation keeps us forward-thinking, always learning and evolving to solve complex healthcare challenges. We take pride in our unwavering integrity, ensuring transparency, accountability, and ethical practices throughout our work. Finally, we hold performance as a key measure of success, continuously striving for impactful, sustainable solutions. These values have been the backbone of our organization, guiding us on a journey of creating lasting change in the communities we serve.

Benefits

We believe in taking care of our team as much as they care for our mission. Sangath offers a dynamic range of benefits that reflect our commitment to our employees' well-being and professional growth. These include Provident Fund (PF), ESIC, Gratuity, and comprehensive Medical Insurance, ensuring financial and health security. We offer flexible work timings to promote a healthy work-life balance, along with special leaves such as Menstrual Leave and Gender Affirmation Leave. Our progressive work-from-home policy is designed to give employees the flexibility they need in today's changing work environment. Joining Sangath means being part of an organization that truly values and supports its people.

About the project

METROPOLIS is a research project funded by Wellcome Trust. Programme partners include King's College London (KCL) (UK), O.P. Jindal Global University (JGU) (India), Youth for Mental Health Foundation (YMHF) (India), and Brighton and Sussex Medical School (United Kingdom). The programme aims to advance understanding of the effectiveness and mechanisms of problem-solving (PS) and behavioural activation (BA) when delivered by peer counsellors as early interventions for young people with depression. Both PS and BA have the potential to be used as brief and effective standalone interventions, yet they have rarely been evaluated

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outside of multicomponent packages. We will investigate these active ingredients in India, which is home to 20% of the world's youth population, focusing on university students from disadvantaged groups in Delhi NCR.

Overview of the role

We are seeking a dedicated and compassionate Assistant Research Coordinator - Clinical to support a mental health research project. The role will primarily involve supporting risk assessment and management in METROPOLIS trial participants.

The ideal candidate should have prior clinical experience (mental health triage and/or crisis management) in directly working with clients (preferably adults) with mental health concerns.

The Assistant Research Coordinator - Clinical will closely work with the METROPOLIS trial research team (including Clinical, Research and Data Coordinators), and local mental health services to ensure participant wellbeing and safety. Additional responsibilities include supervision and training of other research staff involved in risk management.

The Assistant Research Coordinator will report to Clinical Coordinator and will be based at Sangath, New Delhi.

Responsibilities:

Conducting participant safeguarding follow-ups

- Conduct systematic risk assessments for participants as prescribed in protocol, in relation to mental health concerns such as suicidal ideation, self-harm, or different types of abuse.
- Support the Clinical Coordinator in coordinating and tracking participant risk follow-ups across trial sites.
- Support communication with college administrators and faculty Point of Contacts (POCs) regarding participant risk management, when required.

Safeguarding and risk documentation and reporting

- Maintain accurate and up-to-date documentation of all risk management activities.
- Assist in reviewing the completeness and quality of risk follow-up records.
- Assist in coordinating AE and SAE reporting processes with the study team.

Campus safeguarding coordination

- Support the maintenance of campus-specific risk management resources and referral information.
- Assist in coordination with college POCs to facilitate risk management processes as needed.
- Assist with monitoring and updating campus resource lists in collaboration with the Clinical Coordinator and relevant study team members.

Process monitoring

- Support the integration of risk-related information into participant process indicators.
- Assist in monitoring risk management timelines and identifying overdue actions for follow-up.

Campus engagement

- Travel to participating college campuses to support recruitment and study implementation activities.
- Liaise with college faculty, administrators, and recruitment teams to facilitate participant engagement.
- Support meetings and presentations with college stakeholders when required.
- Assist with maintaining records related to campus permissions and recruitment activities.

Operational support

- Provide administrative and logistical support for recruitment activities, including scheduling, documentation, and coordination with internal teams.
- Assist with preparation of recruitment materials and coordination of field activities.

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Qualifications and Experience:

Essential criteria:

- Master's degree in Clinical Psychology, Applied Psychology or related field.
- 1 or more years of work experience in crisis management including providing mental health support for suicidal ideation/attempts/abuse, safety planning and coordinating care with other clinical services e.g. hospitals, clinics etc.
- Ability to manage multiple tasks such as contacting participants, tracking reminders, maintaining documentation, and working in a fast-paced, dynamic environment.
- Proficiency in using tools, including MS Excel, Google Workspace, or other project tracking tools.
- Competence in online data collection tools and common communication tools (email, WhatsApp).
- Excellent communication and interpersonal skills including sensitivity to marginalized groups particularly when working with youth or those from disadvantaged sections.
- Attention to detail in managing data integrity and documentation.
- Ability to work and communicate with research team members including collaborating effectively.

Desirable criteria:

- 1 or more years of clinical/other work experience with young adults or student groups.
- Experience supporting or conducting suicidality or related risk assessments.
- Experience in using REDCap for data collection.

Remuneration and benefits

The remuneration for this position will be commensurate with educational qualifications, work experience and as per applicable Sangath's salary policy. The initial appointment will be for a six-month probation period, with the possibility of renewal for up to one year based on performance review. Additional benefits include PF, Group Health Insurance, and Gratuity.

How to apply

Please submit your application using the application link provided below by **21st August 2026**. Shortlisted applicants will be contacted for an interview after completing the assessment.

Application link: <https://forms.gle/D9yTZGyMYrrijHTZA>

Shortlisted applicants will be contacted for an interview.

Equal opportunity

Sangath is an equal-opportunity employer committed to building a diverse and inclusive team. We value all employees, regardless of gender, caste, religion, disability, or sexual orientation, and encourage applicants from all backgrounds to apply.