

### SAHARA Program

**Position Title:** Psychologist

**Project Name:** Empower Infosys & Empower HCL

**Number of vacancies:** Two

**Contract Duration:** One year

**Job Location:** Multiple districts of MP

### **About Sangath**

Sangath is a leading non-profit organization dedicated to transforming healthcare by focusing on mental health and public health initiatives. Our mission is to empower communities through world-class research, innovative healthcare solutions, and compassion-driven services. We are proud to have recently been recognized with the prestigious "Great Place to Work" award, a testament to our commitment to fostering an inclusive and supportive work culture.

### **Our Values**

At Sangath, our values form the cornerstone of everything we do. For nearly three decades, we have passionately upheld a belief in the power of empathy, teamwork, and respect for every individual we serve and work with. We are committed to excellence in delivering world-class research and mental health services, backed by professional rigor and cutting-edge technology.

Our drive for innovation keeps us forward-thinking, always learning and evolving to solve complex healthcare challenges. We take pride in our unwavering integrity, ensuring transparency, accountability, and ethical practices throughout our work. Finally, we hold performance as a key measure of success, continuously striving for impactful, sustainable solutions. These values have been the backbone of our organization, guiding us on a journey of creating lasting change in the communities we serve.

### **Benefits**

We believe in taking care of our team as much as they care for our mission. Sangath offers a dynamic range of benefits that reflect our commitment to our employees' well-being and professional growth. These include Provident Fund (PF), ESIC, Gratuity, and comprehensive Medical Insurance, ensuring financial and health security. We offer flexible work timings to promote a healthy work-life balance, along with special leaves such as Menstrual Leave and Gender Affirmation Leave. Our progressive work-from-home policy is designed to give employees the flexibility they need in today's changing work environment. Joining Sangath means being part of an organization that truly values and supports its people.

### **About the project**

The SAHARA program focuses on scaling up evidence based 'task sharing' interventions for perinatal mental health and early child development through delivery of comprehensive primary mental health care for first 1000 days of life. Sangath has successfully digitized Thinking Healthy Program- Peer (THPP) delivered; an evidence-based task sharing intervention for perinatal depression and developed Lalan Palan, a video-based parenting intervention for early child development.

We aim to scale these two interventions across 10 districts of Madhya Pradesh by digitally training community-based workers (ASHAs and Anganwadi workers) and provide them continuous supervision.

### **Essential Candidate requirements**

- Postgraduate degree in Psychology
- Minimum 1 year experience of doing mental health research
- Willing to travel regularly for fieldwork in rural or semi- rural community settings
- Fluency in Hindi and English (written & verbal)

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### **Registered Office Address**

**Headquarters:** House no. 451 (168), Bhatkar Waddo, Socorro, Porvorim, Bardez, Goa – 403501

- Strong organizational, communication, teamwork, and interpersonal skills
- Good in using Microsoft Office applications (MS PowerPoint, Word and Excel)
- Minimum commitment of 1 year

#### **Desirable criteria**

- Experience of working in community setting
- Experience in training and supervision of psychological therapies
- Experience in working with multi-disciplinary teams
- Experience in using digital tools for intervention delivery and/or training
- Ability to work on tight deadlines

#### **Job Responsibilities**

- To conduct community-based implementation work (training, supervision, data collection, monitoring, and evaluation)
- To facilitate training programs for community health workers in mental health promotion, self-help, psychological first aid, maternal mental health (THPP) and early childhood development (Lalan Palan) for two districts
- To provide supervision and remote coaching support to community health workers and primary care health staff for two districts
- To design, prepare, blueprint, and refine (iterative revisions) the resource materials/ manuals for psychological treatment of mental health problems
- To provide counseling sessions (and clinical case management) to service users of the organization. The service delivery can be either in-person, online or both.
- To update and maintain project-related documents/records and contribute to regular reporting of project activities
- To conduct/organize/assist in capacity building efforts including seminars, symposiums, and other training programs conducted by the organization as part of its objectives.
- To contribute to the research activities of the project
- Assist and participate in other Sangath activities.
- Execute any other relevant duties assigned by the Principal Investigators, Co-Investigators and Project Coordinators

#### **Remuneration and contractual duration**

Salary offered will be commensurate with skills and depend on **last drawn salary**, education, work experience and as per applicable Sangath policy. The initial appointment will be made till 31<sup>st</sup> March, 2026 from the date of joining and will be extendable based on availability of funds.

#### **Last Date and address for applications**

Please submit your CV with cover letter to [sahili.saxena@sangath.in](mailto:sahili.saxena@sangath.in) by 24<sup>th</sup> Dec 2025. Interested candidates are encouraged to apply early as this will be rolling recruitment. Short-listed candidates will be invited for an online/in-person interview. Full applications must include a detailed CV along with a support letter from two of your referees. For more details, please go through the website [www.sangath.in](http://www.sangath.in)

*\*Incomplete applications will not be considered.*

*Sangath is an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, religion, color, national origin, gender, gender identity, sexual orientation, age, status as a protected veteran, among other things, or status as a qualified individual with a disability.*

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