

**Title:** Research Coordinator (Recruitment and Outreach)

**Project name:** Mechanistic Trial of Problem Solving and Behavioural Activation for Youth Depression (METROPOLIS)

**Contract type:** Full-time (100% FTE)

**Contract Duration:** One year. (The initial appointment will be made for six months' probation from the date of joining, with renewal up to one year based on a performance review. Performance will be reviewed at the end of each year. The position is co-terminus with the project.)

**Reports to:** Senior Research Coordinator

**Working days:** Monday to Friday (The role may require working on weekends, especially Saturdays, with compensatory time off provided as needed.)

**Expected joining:** April 2026

**Location:** New Delhi

**Applications due by 29th January 2026, 5 pm**

#### **About Sangath**

Sangath is a leading non-profit organization dedicated to transforming healthcare by focusing on mental health and public health initiatives. Our mission is to empower communities through world-class research, innovative healthcare solutions, and compassion-driven services. We are proud to have recently been recognized with the prestigious "Great Place to Work" award, a testament to our commitment to fostering an inclusive and supportive work culture.

#### **Our values**

At Sangath, our values form the cornerstone of everything we do. For nearly three decades, we have passionately upheld a belief in the power of empathy, teamwork, and respect for every individual we serve and work with. We are committed to excellence in delivering world-class research and mental health services, backed by professional rigor and cutting-edge technology.

Our drive for innovation keeps us forward-thinking, always learning and evolving to solve complex healthcare challenges. We take pride in our unwavering integrity, ensuring transparency, accountability, and ethical practices throughout our work. Finally, we hold performance as a key measure of success, continuously striving for impactful, sustainable solutions. These values have been the backbone of our organization, guiding us on a journey of creating lasting change in the communities we serve.

#### **Benefits**

We believe in taking care of our team as much as they care for our mission. Sangath offers a dynamic range of benefits that reflect our commitment to our employees' well-being and professional growth. These include Provident Fund (PF), ESIC, Gratuity, and comprehensive

#### **Registered Office Address**

**Headquarters:** House no. 451 (168), Bhatkar Waddo, Socorro, Porvorim, Bardez, Goa – 403501

Medical Insurance, ensuring financial and health security. We offer flexible work timings to promote a healthy work-life balance, along with special leaves such as Menstrual Leave and Gender Affirmation Leave. Joining Sangath means being part of an organization that truly values and supports its people.

### **About the programme**

METROPOLIS is a Wellcome Trust-funded research programme investigating the effectiveness of Problem Solving (PS) and Behavioural Activation (BA) — two promising, scalable psychological strategies — when delivered by peer counsellors as early interventions for youth depression. Programme partners include King's College London (UK), Jindal Global University (JGU) (India), Youth for Mental Health (India), and Brighton and Sussex Medical School (United Kingdom).

### **Overview of the role**

The Research Coordinator will join a team of three to coordinate the implementation of day-to-day participant recruitment and campus outreach activities for the METROPOLIS research project across up to 12 partner college campuses in Delhi/NCR. The role involves close coordination with Sangath, Youth for Mental Health Foundation (YMHF), and collaborating academic institutions.

The Research Coordinator will report to a Senior Research Coordinator to ensure timely, high-quality, and consistent recruitment implementation across campuses.

### **Learning and growth opportunities**

This role is designed as a capacity-building position for early-career researchers and practitioners interested in global mental health, randomised controlled trials (RCTs), and youth-engaged research. The postholder will have opportunities to:

- Gain hands-on experience in participatory and youth-led research, including leading a Young People's Advisory Group (YPAG).
- Build experience in multi-stakeholder coordination, working with students, partner institutions, and researchers.
- Learn about how RCTs work in practice, and gain experience in research study management.
- Contribute to and/or lead publications.

### **Key responsibilities**

#### **1. Campus recruitment and outreach**

- a. Coordinate closely with YMHF to implement recruitment and public engagement activities across partner college campuses.
- b. Ensure all field activities are conducted in line with approved study protocols, SOPs, and ethical requirements.
- c. Provide site-level oversight to monitor progress against planned milestones and support corrective actions where needed.
- d. Lead tracking, monitoring, and reporting of recruitment and outreach activities, including preparation of regular process indicators and updates for the research team.

## 2. Supervision of the recruitment team

- a. Provide line management to a team of two research assistants.
- b. Oversee effective task allocation, role clarity, and smooth communication and handovers across campuses.

## 3. Young People's Advisory Group (YPAG)

- a. Lead and coordinate a YPAG group of ~10 students.
- b. Plan, facilitate, and document quarterly meetings and coordinate feedback cycles as needed.

## 4. Research and knowledge dissemination

- a. Contribute to research outputs and knowledge dissemination, including support for reports, presentations, publications, and lay summaries, as required.

## 5. Ethics and governance:

- a. Ensure compliance with ethical, data protection, and research governance requirements, including Good Clinical Practice and applicable data protection regulations.
- b. Participate in relevant training and professional development activities.

The responsibilities above are not exhaustive, and the role may include additional tasks as required.

### Essential criteria

1. Master's degree in Psychology, Social Work, Public Health, or a related field.
2. At least 3 years of relevant work experience in research coordination, programme implementation, or field-based project management.
3. Excellent verbal and written communication skills in English and Hindi.
4. Demonstrated experience coordinating teams, activities, and timelines across multiple sites or partners.
5. Demonstrated experience designing and facilitating youth-focused or campus-based awareness or engagement initiatives.
6. Ability to manage multiple tasks, maintain clear documentation, and work effectively with cross-functional teams.
7. Experience working within structured research or programme environments and adhering to protocols and SOPs.
8. Proficiency in Excel and Google Workspace, with experience using tracking or project management tools.
9. Working knowledge of data tracking and reporting tools such as Excel, REDCap, or similar platforms.

### Desirable criteria

1. Prior experience working on clinical trials or research studies involving participant recruitment and follow-up.
2. Familiarity with ethical research conduct, particularly in mental health or psychosocial research contexts.



### **Other requirements**

This role requires travelling to university campuses in Delhi-NCR for recruitment activities, campus events, and meetings with student volunteers. Since the role requires coordination with the university students who are available after college hours, work during occasional evening hours and weekends (especially Saturdays) may also be required, with compensatory time off provided as needed.

### **Remuneration and benefits**

The remuneration for this position will be commensurate with educational qualifications, work experience and as per applicable Sangath's salary policy. The initial appointment will be for a six-month probation period, with the possibility of renewal for up to one year based on performance review. Additional benefits include PF, Group Health Insurance, and Gratuity.

### **How to apply**

Please submit your CV along with a cover letter explaining how you meet the criteria to Alka Singh at [alka.singh@sangath.in](mailto:alka.singh@sangath.in) by 29th January 2026, 5 pm, with the subject line "**Application for METROPOLIS Research Coordinator**". Shortlisted applicants will be contacted for an in-person interview.

### **Equal opportunity**

Sangath is an equal-opportunity employer committed to building a diverse and inclusive team. We value all employees, regardless of gender, caste, religion, disability, or sexual orientation, and encourage applicants from all backgrounds to apply.