



HEALING MINDS. INSPIRING LIVES

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[contactus@sangath.in](mailto:contactus@sangath.in)

[Sangath.in](http://Sangath.in)

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## Internship Opportunity: Intervention and Research Intern

**PROJECT:** MENTOR

**POSITION:** INTERN

**LOCATION:** Sangath Office, Good Shepherd Colony, Bhopal (M.P)

**DURATION:** 6 months (July - December 2026)

**TIME COMMITMENT:** Monday to Friday (or as per project requirements)

**NUMBER OF POSITIONS:** 7

**DEADLINE TO APPLY:** June 30

### ABOUT SANGATH

Sangath is a non-profit organisation working to improve mental and physical health across the lifespan through community-based approaches. Sangath's work focuses on child development, adolescent and youth mental health, adult mental health and addictions research.

### ABOUT MENTOR

MENTOR is a school-based mental health promotion program for reducing suicidal thoughts and behaviors among adolescents in Madhya Pradesh.

The project will be implemented in government, government aided, and private schools of Bhopal and Sehore during 2025-2027. We aim to reduce the incidence of symptoms of depression, anxiety and suicidal ideation in 13-17-year-old students through a combination of-

- Gatekeeper-training of teachers to identify, support and refer students at-risk of mental health concerns,
- A direct skill-building program for students to enable them to deal with adverse life events and manage stress,
- A linkage established for at-risk students to visit/seek help from nearby mental health professionals.

### RESPONSIBILITIES:

Interns will work closely with the Project MENTOR team and support project implementation across schools and research activities.

#### Key responsibilities include:

- Assist the research team in delivering student workshops.
- Support preparation and management of intervention materials and resources for workshops.
- Assist with outcome assessments and other research-related data collection activities.

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**Registered Office Address**

**Headquarters:** House no. 451 (168), Bhatkar Waddo, Socorro, Porvorim, Bardez, Goa – 403501



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- Help maintain relevant research documentation for relevant activities.
- Participate in team meetings, trainings, and supervision activities.
- Contribute to other project-related activities as required.

## WHO WE'RE LOOKING FOR:

### Required:

- Graduate or student pursuing a degree in Public Health, Psychology, Medicine, or any related field.
- Strong interest in adolescent mental health and research.
- Excellent verbal communication in Hindi and good written communication skills in English.
- Knowledge of MS office (Word, Excel, PowerPoint).
- Good organizational skills and ability to manage timelines for assigned tasks.

## WHAT YOU CAN EXPECT:

- Hands-on experience in working with adolescents in school settings
- Exposure to mental health research and program implementation
- Opportunities to develop practical skills through field-based work with adolescents and schools
- Mentorship, supervision, and regular feedback from the team
- Internship Certificate upon completion of the internship

## HOW TO APPLY:

Please complete the application form by scanning the QR code or clicking on this [link](#) to access the form.



[If you have any questions, please write to: yashika.patel@sangath.in](mailto:yashika.patel@sangath.in)

**Application deadline:** 30th June 2026

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