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## TERMS OF REFERENCE

### Internship with METROPOLIS

**PROJECT:** METROPOLIS

**POSITION:** Project Intern (Participant Recruitment)

**LOCATION:** O.P. Jindal Global University, Sonipat

**DURATION:** 5 Months (July to November 2026)

**TIME COMMITMENT:** 10 hours/week (Flexible, according to student's schedule)

**NUMBER OF POSITIONS:** 1

**DEADLINE TO APPLY:** June 30, 2026

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### ABOUT SANGATH

Sangath is a non-governmental, not-for-profit organization committed to improving health across the lifespan by empowering existing community resources to provide appropriate physical, psychological, and social therapies. Its primary focus areas include child development, adolescent and youth health, and adult health and addictions research.

### ABOUT METROPOLIS PROJECT

METROPOLIS is a research project funded by the Wellcome Trust. Programme partners include King's College London (KCL) (UK), O.P. Jindal Global University (JGU) (India), Youth for Mental Health Foundation (YMHF) (India), and Brighton and Sussex Medical School (United Kingdom). It is a program that aims to address the care gap faced by young people with depression in low-resource university settings. This study will examine the effectiveness of two brief psychological interventions, problem-solving and behavioural activation, for college-going students in Delhi NCR, delivered by peers

### Role Overview

The Project Intern will support on-ground outreach and participant recruitment efforts for the Saathi Support Programme at O.P. Jindal Global University. The Intern will work closely with the Assistant Research Coordinator (ARC) in planning, coordinating, and conducting participant recruitment and public engagement activities on campus.

This role is ideal for students interested in mental health advocacy, research, public engagement, and student well-being initiatives.

## Responsibilities

### A. Participant Recruitment & Outreach Support

- Support participant recruitment and outreach activities for the Saathi Support Programme at JGU
- Conduct 3-4 scheduled classroom announcements, weekly poster drives, and regular student engagement activities on campus.
- Support documentation and tracking of outreach activities.

### B. Collaboration & Coordination Support

- Approach and coordinate with 2-3 student groups, societies, and campus stakeholders for outreach efforts on a monthly basis.
- Support the coordination and execution of outreach events, including admin permissions, logistics, setup, pack-up, and student mobilisation.
- Attend regular (in-person) meetings/check-ins with the Assistant Research Coordinator (ARC) to review plans, effectiveness of strategies, and coordinate weekly tasks according to project priorities.

### C. Other Responsibilities

- Manage communication and coordination with team members.
- Complete required tasks in a timely and organised manner, with ongoing support and guidance from the team.

## Requirements

We are looking for students who are:

- Currently pursuing a bachelor's or master's at OP Jindal Global University in any discipline.
- Strong interest and commitment toward mental health advocacy, student well-being, research, and public engagement.
- Strong coordination, networking, and communication skills
- Ability to independently conduct and document outreach activities
- Willingness to support outreach work during evenings or weekends where required
- Prior experience in conducting outreach-related events through college societies or centres. (Preferred)



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[Sangath.in](http://Sangath.in)

## Preferred

Previous experience in student outreach, volunteering, college societies, campus events, peer support initiatives, or awareness campaigns is preferred.

Students with lived experiences of mental health difficulties are encouraged to apply.

## What You Can Expect

- Be part of a mental health research study being led by experienced researchers and leading organizations in India and the UK.
- Gain hands-on experience and training in public engagement, mental health advocacy, communication skills, and event coordination.
- Work closely with the research team to gain practical experience in participant recruitment, campus outreach, public engagement, stakeholder coordination, and the implementation of evidence-based student mental health interventions.
- Receive a certificate recognising your contribution to the programme and outreach efforts.
- **A monthly stipend will be provided to the intern for the duration of the internship.**

## How to apply:

Please submit your CV and cover letter highlighting your interest in the internship and how your skills align with the role to [alka.singh@sangath.in](mailto:alka.singh@sangath.in) by **30 June 2026**.