



Title: Research Officer (Recruitment and Outreach)

Project Name: Mechanistic Trial of Problem Solving and Behavioural Activation for Youth Depression (METROPOLIS)

Contract type: Full-time (100% FTE)

Contract Duration: One year. (The initial appointment will be made for six months' probation from the date of joining, with renewal up to one year based on a performance review. Performance will be reviewed at the end of each year. The position is co-terminus with the project.)

Number of Vacancy: 01

Reports to: Research Coordinator

Working days: Monday to Friday (The role may require working on weekends, especially Saturdays, with compensatory time off provided as needed.)

Job Location: New Delhi

Application deadline: 11th January, 2026

About Sangath

Sangath is a leading non-profit organization dedicated to transforming healthcare by focusing on mental health and public health initiatives. Our mission is to empower communities through world-class research, innovative healthcare solutions, and compassion-driven services. We are proud to have recently been recognized with the prestigious "Great Place to Work" award, a testament to our commitment to fostering an inclusive and supportive work culture.

Values

At Sangath, our values form the cornerstone of everything we do. For nearly three decades, we have passionately upheld a belief in the power of empathy, teamwork, and respect for every individual we serve and work with. We are committed to excellence in delivering world-class research and mental health services, backed by professional rigor and cutting-edge technology.

Our drive for innovation keeps us forward-thinking, always learning and evolving to solve complex healthcare challenges. We take pride in our unwavering integrity, ensuring transparency, accountability, and ethical practices throughout our work. Finally, we hold performance as a key measure of success, continuously striving for impactful, sustainable solutions. These values have been the backbone of our organization, guiding us on a journey of creating lasting change in the communities we serve.

Benefits

We believe in taking care of our team as much as they care for our mission. Sangath offers a dynamic range of benefits that reflect our commitment to our employees' well-being and professional growth. These include Provident Fund (PF), ESIC, Gratuity, and comprehensive Medical Insurance, ensuring financial and health security. We offer flexible work timings to promote a healthy work-life balance, along with special leaves such as Menstrual Leave and Gender Affirmation Leave. Joining Sangath means being part of an organization that truly values and supports its people.

Registered Office Address

Headquarters: House no. 451 (168), Bhatkar Waddo, Socorro, Porvorim, Bardez, Goa – 403501

About the programme

METROPOLIS is a Wellcome Trust-funded research programme investigating the effectiveness of Problem Solving (PS) and Behavioural Activation (BA) — two promising, scalable psychological strategies — when delivered by peer counsellors as early interventions for youth depression. Programme partners include King's College London (UK), Jindal Global University (JGU) (India), Youth for Mental Health (India), and Brighton and Sussex Medical School (United Kingdom).

About the role

The Research Officer will support the implementation of participant recruitment and campus outreach activities for the METROPOLIS research project across partner campuses in Delhi/NCR. They will work closely with the partner NGO, Youth for Mental Health Foundation (YMHF). They will report to a Research Coordinator.

Key responsibilities

1. Recruitment and campus events

- a. Support the implementation of in-person and digital campus-based recruitment and outreach activities (e.g., sensitisation sessions, information booths, digital campaigns, outreach through student societies, talks, workshops, etc.), in close coordination with YMHF and internal teams.
- b. Lead on-ground execution of assigned campus activities, and manage all on-ground logistics, including volunteer coordination, materials setup, and post-event follow-up and documentation.
- c. Provide support for digital outreach activities as required.

2. Materials and logistics management

- a. Coordinate the distribution, setup, and replenishment of recruitment and programme materials (posters, banners, kits, merchandise) across campuses.
- b. Maintain accurate records of material usage, stock levels, and campus-wise requirements, and flag re-ordering needs on time.

3. Documentation and reporting

- a. Maintain accurate records of outreach and recruitment activities conducted across campuses, including basic activity details and outputs.
- b. Support preparation of brief summaries and updates for internal team meetings, reviews, and presentations.
- c. Undertake additional tasks related to recruitment as required.

Essential criteria

1. Master's degree in psychology, social work, public health, or a related field.
2. At least one (1) year of demonstrated relevant work experience.
3. Demonstrated verbal and written communication skills in English and Hindi.
4. Ability to maintain clear documentation of activities.
5. Strong logistical and planning skills with attention to detail.
6. Good interpersonal skills and ability to engage with students and college staff.
7. Proficiency in using tools such as Excel, Google Workspace, or other project tracking tools.

Desirable criteria

1. Experience of working with colleges or directly with young people.
2. Experience in using social media for outreach and communication.

Other requirements

This role requires travelling to university campuses in Delhi-NCR for recruitment activities, campus events, and meetings with student volunteers. Since the role requires coordination with the university students who are available after college hours, work during evening hours and weekends (especially Saturdays) may also be required, with compensatory time off provided as needed.



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Remuneration and benefits

The remuneration for this position will be commensurate with educational qualifications, work experience, and as per Sangath's salary policy. The initial appointment will be for a six-month probation period, with the possibility of renewal for up to one year based on performance review. Additional benefits include PF, group health insurance, and gratuity.

How to apply

Please submit your CV along with a cover letter explaining how you meet the criteria to Alka Singh at alka.singh@sangath.in by 11th January 2026, 5 pm, with the subject line "**Application for METROPOLIS Research Officer**". Shortlisted applicants will be contacted for an in-person interview.

Equal opportunity

Sangath is an equal-opportunity employer committed to building a diverse and inclusive team. We value all employees, regardless of gender, caste, religion, disability, or sexual orientation, and encourage applicants from all backgrounds to apply.

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