



HEALING MINDS. INSPIRING LIVES

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contactus@sangath.in

Sangath.in

Job title: Doctoral Student

Location: New Delhi & Rewari.

Contract type: Full time (100% FTE)

Programme: Stressors of anxiety and depression in young people (STEER)

Tenure: 3 years (Performance will be reviewed at the end of each year and the appointment for the subsequent year will be renewed based on satisfactory performance. The position is co-terminus with the project.)

Number of positions: 1

Applications due by: 26th October'2025

About Sangath:

Sangath is a leading non-profit organization dedicated to transforming healthcare by focusing on mental health and public health initiatives. Our mission is to empower communities through worldclass research, innovative healthcare solutions, and compassion-driven services. We are proud to have recently been recognized with the prestigious "Great Place to Work" award, a testament to our commitment to fostering an inclusive and supportive work culture.

About the position:

We are looking for an enthusiastic, innovative and self-motivated individual, with excellent communication and organisational skills who wishes to pursue a career in public health research focusing on early childhood development, mental health & social determinants of health. The recruited person will join an exciting new 3-year Being Initiative-funded programme (STEER). Programme partners include Indian Institute of Technology Bombay (IITB) (India), Sapien Labs Centre for the Human Brain and Mind, Krea University (India), University of Keele (UK), and Caring From Distance (CFD) (Vietnam). The programme aims to advance understanding about how impaired cognitive and social development during preschool years serves as a mechanism by which stressors, including childhood trauma, violence, conflict, and media, contribute to anxiety and depression in youth. We will investigate these mechanisms in Rewari, Haryana, where we have established the SPRING birth cohort.

The Doctoral Student will be registered at the Manipal Academy of Higher Education (MAHE) and the Principal Investigator (Dr Supriya Bhavnani) will be the primary guide.

Overview of role:

A core member of the programme management team (PMT) with responsibility for design and implementation of their doctoral research study in alignment with the STEER programme. The broad objective of this role will be to conduct independent research within the STEER programme in compliance with MAHE PhD requirements. The role will liaise with programme collaborators and field teams to their doctoral research study.

Registered Office Address

Headquarters: House no. 451 (168), Bhatkar Waddo, Socorro, Porvorim, Bardez, Goa – 403501

The doctoral student will be provided opportunities for professional development in mental health research methods and leadership building and attendance at relevant national and international conferences.

Key responsibilities:

1. Developing an Independent Research Project
 - Reviewing existing literature, identifying research gaps and formulating a clear research question aligned with STEER's area of research.
 - Designing a robust study methodology (quantitative, qualitative, or mixed methods) to address the research question
 - Preparing a research proposal for submission to MAHE
2. Conducting Research & Data Analysis
 - Obtaining necessary ethical approvals.
 - Complying with all institutional reporting, documentation, and administrative requirements.
 - Implementing the study, including participant consenting, recruitment and data collection.
 - Utilizing relevant analytical tools to analyse the collected data (e.g., Stata/R for quantitative analysis, NVivo/Atlas.ti for qualitative research).
 - Ensuring data quality, compliance with ethical guidelines, and integrity in research practices.
 - Ensure lived experience advisory panel participation in their research study
3. Academic and Institutional Compliance
 - Identifying and completing mandatory coursework, as required by the institution in which the PhD is being registered.
 - Participating in research seminars, training workshops, and relevant academic discussions.
4. Knowledge Dissemination & Engagement
 - Writing and submitting manuscripts for peer-reviewed journals.
 - Presenting findings at academic conferences and project meetings.
 - Engaging with community stakeholders and policymakers to translate research findings into impact.
5. Other responsibilities
 - Participating on the programme management team providing to align operational and programme direction with the activities of their doctoral research study.
 - Identify vendors and coordinate with the Admin & Finance Officer to develop MoUs and contracts with them for doctoral research related activities.
 - Communicate with STEER team members to ensure optimal strategy and maximum efficiency of programme activities
 - Participate in training, conferences and special interest groups at Sangath and externally

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The above list of responsibilities is not exhaustive, and the post-holder will be required to undertake such tasks and responsibilities as may reasonably be expected within the scope and grading of the post.

Essential criteria:

1. Master's degree in public health, biological sciences or any other social sciences
2. Demonstrated experience of having worked in a research project involving human subjects
3. Willingness to work and reside in the study location (Rewari) for the entire duration of the study
4. Good inter-personal skills and ability to network, build and maintain strong relationships.
5. Excellent presentation skills, excellent quality of written work in English and Hindi.
6. Ability to work with limited supervision to meet deadlines.

Desirable criteria:

1. Demonstrated experience of working with youth (10-15-year-olds) and their families
2. Experience in qualitative and/or quantitative data collection and analysis methods

Compensation:

Competitive salary package commensurate with educational qualifications, work experience and as per applicable Sangath policy. The initial appointment will be made for six months' probation from the date of joining, with renewal up to one year based on a performance review.

How to Apply:

Interested candidates can apply by scanning the QR code provided. If the QR code is not accessible, candidates may email their CV directly to bittoo.kumar@sangath.in with subject line: 'Application for Doctoral Student, STEER' by 5:30 PM on October 26th, 2025.



Candidates must submit:

1. Cover letter explaining how candidate meets each of the essential criteria/applicable desirable criteria
2. Detailed CV including relevant portfolio of past projects (if available)
3. Contact details of two professional references

Please note that only complete applications will be considered.



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Equal Opportunity

Sangath is an equal-opportunity employer committed to building a diverse and inclusive team. We value all employees, regardless of gender, caste, religion, disability, or sexual orientation, and encourage applicants from all backgrounds to apply

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