+91-95525 30557
contactus@sangath.in
Sangath.in

Position: Research Assistant, PRIDE School Mental Health Programme

Location: Goa, India
Contract type: 100% FTE
Duration: 10 months (The initial appointment will be made for six months' probation from the date of joining, with renewal up to 4 months based on a performance review)
Number vacancies: 1
Working days: Monday to Friday (The role may require working on weekends, especially Saturdays, with compensatory time off provided as needed)
Reports to: Research Coordinator
Application deadline: 5:00 PM, 06 Nov 2026

About Sangath

Sangath is a leading non-profit organisation dedicated to transforming healthcare by focusing on mental health and public health initiatives. Our mission is to empower communities through world-class research, innovative healthcare solutions, and compassion-driven services. We are proud to have recently been recognized with the prestigious "Great Place to Work" award, a testament to our commitment to fostering an inclusive and supportive work culture.

Our Values

At Sangath, our values form the cornerstone of everything we do. For nearly three decades, we have passionately upheld a belief in the power of empathy, teamwork, and respect for every individual we serve and work with. We are committed to excellence in delivering world-class research and mental health services, backed by professional rigor and cutting-edge technology.

Our drive for innovation keeps us forward-thinking, always learning and evolving to solve complex healthcare challenges. We take pride in our unwavering integrity, ensuring transparency, accountability, and ethical practices throughout our work. Finally, we hold performance as a key measure of success, continuously striving for impactful, sustainable solutions. These values have been the backbone of our organization, guiding us on a journey of creating lasting change in the communities we serve.

Benefits

We believe in taking care of our team as much as they care for our mission. Sangath offers a dynamic range of benefits that reflect our commitment to our employees' well-being and professional growth. These include Provident Fund (PF), ESIC (if applicable), Gratuity, and comprehensive Medical Insurance, ensuring financial and health security. We offer flexible work timings to promote a healthy work-life balance, along with special leaves such as Menstrual Leave and Gender Affirmation Leave. Our progressive work-from-home policy is designed to give employees the flexibility they need in today's changing work environment. Joining Sangath means being part of an organization that truly values and supports its people.

About the programme

The School Mental Health Programme is based on PRIDE (PRemIum for aDolEscents), an evidence-based problem-solving intervention developed by Sangath and evaluated in secondary schools in India.

The programme teaches practical problem-solving skills that help young people:

- identify problems contributing to distress;
- prioritise manageable challenges;

+91-95525 30557
contactus@sangath.in
Sangath.in

generate possible solutions;
- develop practical action plans; and
- build confidence in coping with future difficulties.

The intervention is brief, structured and designed to be delivered within school settings. Research has shown improvements in adolescents' mental health, including symptoms of anxiety and depression, with benefits sustained for up to one year after participation. The intervention has also been shown to be inexpensive to deliver and suitable for scale-up within education systems.

What this role offers

The Research Assistant will provide day-to-day operational and research support for the PRIDE project, working closely with the Research Coordinator and wider project team to ensure the smooth delivery of project activities across government, government-aided and other schools in Goa.

The role will involve coordinating logistics, supporting school engagement activities, assisting with qualitative data collection, documenting meetings and workshops, and maintaining project records. The Research Assistant will play an important role in ensuring that research activities are well organised, accurately documented, and delivered to a high standard.

The ideal candidate is highly organised, proactive, and enjoys working in a collaborative research environment. They should be comfortable interacting with schools, supporting field activities, and managing multiple administrative and operational tasks simultaneously.

Key responsibilities

1] Project coordination and administration
- Support the day-to-day coordination of project activities.
- Schedule meetings, school visits, and workshops, and manage associated logistics.
- Prepare meeting agendas, take minutes, and monitor follow-up actions.
- Maintain project documentation, trackers, and administrative records.

2] School and stakeholder coordination
- Coordinate logistics for school visits, interviews, workshops, and implementation activities.
- Support communication with schools and other project stakeholders.

3] Research and fieldwork support
- Assist with the organisation and delivery of focus group discussions, interviews, co- design workshops, and other research activities.
- Support participant recruitment, scheduling, and data collection logistics.
- Take detailed notes during meetings and research activities and prepare concise summaries of key findings.
- Assist with organising, managing, and quality-checking research documentation and qualitative data.

4] Project documentation
- Maintain accurate records of project activities and implementation progress.
- Support the preparation of reports, presentations, and other project outputs.
- Provide administrative and operational support to the wider research team as required.

+91-95525 30557
contactus@sangath.in
Sangath.in

The Candidate may be required to undertake additional responsibilities, as necessary, within the scope and objectives of the PRIDE School Mental Health Programme

What we are looking for

Essential criteria

- **Bachelor's degree in Psychology, Social Sciences, Public Health, Education, or a related field.**
- **More than 5 years of experience in conducting KIIs/FGDs/co-design workshops and transcribing, translating and coding qualitative data.**
- **Excellent organisational, administrative, and problem-solving skills**, with strong attention to detail in managing data integrity and documentation.
- **Strong written and verbal communication skills**, with the ability to read and communicate effectively in Konkani, Marathi, English, and Hindi.
- **Ability to manage multiple tasks** such as contacting participants, tracking reminders, maintaining documentation, and working in a fast-paced, dynamic environment.
- **Willingness to travel across Goa** for school visits and stakeholder meetings.

Desirable criteria

- Experience working with schools, young people, or community-based programmes.
- Familiarity with qualitative research methods (e.g., interviews, focus groups, workshops).

Remuneration and benefits

The remuneration for this position will be commensurate with educational qualifications, work experience, and as per Sangath's salary policy. The initial appointment will be for a six-month probation period, with the possibility of renewal for up to one year based on performance review. Additional benefits include PF, group health insurance, and gratuity.

How to apply

Please submit your CV along with a cover letter explaining how you meet the criteria to Alka Singh at alka.singh@sangath.in by 06 Nov 2026; 5 pm, with the subject line "Research Assistant PRIDE School Mental Health Goa". Shortlisted applicants will be contacted for an in-person interview.

Equal opportunity

Sangath is an equal-opportunity employer committed to building a diverse and inclusive team. We value all employees, regardless of gender, caste, religion, disability, or sexual orientation, and encourage applicants from all backgrounds to apply.