



Date:23/06/2026

SAHARA Program

Position Title: Psychologist

Project Name: SAHARA

Number of vacancies: 2

Contract Duration: One year

Job Location: Gwalior, MP

Reports to: Director

Pay Range: Up to 40,000 INR/Month (Max)

About Sangath

Sangath is a leading non-profit organization dedicated to transforming healthcare by focusing on mental health and public health initiatives. Our mission is to empower communities through world-class research, innovative healthcare solutions, and compassion-driven services. We are proud to have recently been recognized with the prestigious "Great Place to Work" award, a testament to our commitment to fostering an inclusive and supportive work culture.

Our Values

At Sangath, our values form the cornerstone of everything we do. For nearly three decades, we have passionately upheld a belief in the power of empathy, teamwork, and respect for every individual we serve and work with. We are committed to excellence in delivering world-class research and mental health services, backed by professional rigor and cutting-edge technology.

Our drive for innovation keeps us forward-thinking, always learning and evolving to solve complex healthcare challenges. We take pride in our unwavering integrity, ensuring transparency, accountability, and ethical practices throughout our work. Finally, we hold performance as a key measure of success, continuously striving for impactful, sustainable solutions. These values have been the backbone of our organization, guiding us on a journey of creating lasting change in the communities we serve.

Benefits

We believe in taking care of our team as much as they care for our mission. Sangath offers a dynamic range of benefits that reflect our commitment to our employees' well-being and professional growth. These include Provident Fund (PF), ESIC, Gratuity, and comprehensive Medical Insurance, ensuring financial and health security. We offer flexible work timings to promote a healthy work-life balance, along with special leaves such as Menstrual Leave and Gender Affirmation Leave. Our progressive work-from-home policy is designed to give employees the flexibility they need in today's changing work environment. Joining Sangath means being part of an organization that truly values and supports its people.

About the project

The SAHARA program focuses on scaling up evidence based 'task sharing' interventions for perinatal mental health and early child development through delivery of comprehensive primary mental health care for first 1000 days of life. Sangath has successfully digitized Thinking Healthy Program- Peer (THPP) delivered; an evidence-based task sharing intervention for perinatal depression and developed Lalan Palan, a video-based parenting intervention for early child development.

We aim to scale these two interventions across 10 districts of Madhya Pradesh by digitally training community-based workers (ASHAs and Anganwadi workers) and provide them continuous supervision.

Essential Candidate requirements

Registered Office Address

Headquarters: House no. 451 (168), Bhatkar Waddo, Socorro, Porvorim, Bardez, Goa – 403501



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- Postgraduate degree in Psychology
- Minimum 1 year of experience in community mental health research and/or implementation.

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- Experience of working in community settings is essential, preferably in rural or semi-rural areas.
- Knowledge and understanding of the public health system, including experience of working with government health workers and health facilities, will be preferred.
- Female candidates are preferred considering the nature of community engagement and maternal mental health interventions.
- Willingness to travel extensively for fieldwork, with field visits of 12–16 days per month.
- Fluency in Hindi and English (written & verbal)
- Strong organizational, communication, teamwork, and interpersonal skills
- Good in using Microsoft Office applications (MS PowerPoint, Word and Excel)
- Must possess a personal laptop (mandatory).
- Ability to undertake basic qualitative data analysis.
- Minimum commitment of 1 year, with joining within 10 days of recruitment.

Desirable criteria

- Experience in training and supervision of psychological therapies
- Experience in working with multi-disciplinary teams
- Experience in using digital tools for intervention delivery and/or training
- Ability to work on tight deadlines
- Ability to drive a two-wheeler and self-owned would be an added benefit (reimbursable as per Sangath policy)

Job Responsibilities

- To conduct community-based implementation work (training, supervision, data collection, monitoring, and evaluation)
- To facilitate training programs for community health workers in mental health promotion, self-help, psychological first aid, maternal mental health (THPP) and early childhood development (Lalan Palan) for two districts
- To provide supervision and remote coaching support to community health workers and primary care health staff for Morena, Datia and Gwalior districts
- To design, prepare, blueprint, and refine (iterative revisions) the resource materials/ manuals for psychological treatment of mental health problems
- To provide counseling sessions (and clinical case management) to service users of the organization. The service delivery can be either in-person, online or both.
- To update and maintain project-related documents/records and contribute to regular reporting of project activities
- To conduct/organize/assist in capacity building efforts including seminars, symposiums, and other training programs conducted by the organization as part of its objectives.
- To contribute to the research activities of the project
- Assist and participate in other Sangath activities.
- Execute any other relevant duties assigned by the Principal Investigators, Co-Investigators and Project Coordinators

Remuneration and contractual duration

- Up to ₹40,000 per month (consolidated), commensurate with qualifications, relevant experience, last drawn salary, and as per Sangath policy.
- The initial appointment will be up to 31 March, with a probation period of six months.
- The contract may be extended based on satisfactory performance, project requirements,



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and availability of funding.

- Applications will be reviewed on a rolling basis. Interested candidates are encouraged to apply at the earliest.

Last Date and address for applications

Please submit your CV with cover letter to sahara@sangath.in by 30th June 2026. Interested candidates are encouraged to apply early as this will be rolling recruitment. **Candidates who have already applied for this position need not apply again.**

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Short-listed candidates will be invited for an online/in-person interview. Full applications must include a detailed CV along

with a support letter from two of your referees. For more details, please go through the website www.sangath.in

**Incomplete applications will not be considered.*

Sangath is an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, religion, color, national origin, gender, gender identity, sexual orientation, age, status as a protected veteran, among other things, or status as a qualified individual with a disability.

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