



HEALING MINDS. INSPIRING LIVES

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Date: 17/02/2026

Position Title: Research Assistant
Project Name: KushalMaa
Number of vacancies: Three
Contract Duration: 3 months
Job Location: Bhopal

About Sangath

Sangath is a leading non-profit organization dedicated to transforming healthcare by focusing on mental health and public health initiatives. Our mission is to empower communities through world-class research, innovative healthcare solutions, and compassion-driven services. We are proud to have recently been recognized with the prestigious "Great Place to Work" award, a testament to our commitment to fostering an inclusive and supportive work culture.

Our Values

At Sangath, our values form the cornerstone of everything we do. For nearly three decades, we have passionately upheld a belief in the power of empathy, teamwork, and respect for every individual we serve and work with. We are committed to excellence in delivering world-class research and mental health services, backed by professional rigor and cutting-edge technology.

Our drive for innovation keeps us forward-thinking, always learning and evolving to solve complex healthcare challenges. We take pride in our unwavering integrity, ensuring transparency, accountability, and ethical practices throughout our work. Finally, we hold performance as a key measure of success, continuously striving for impactful, sustainable solutions. These values have been the backbone of our organization, guiding us on a journey of creating lasting change in the communities we serve.

Benefits

We believe in taking care of our team as much as they care for our mission. Sangath offers a dynamic range of benefits that reflect our commitment to our employees' well-being and professional growth. We offer flexible work timings to promote a healthy work-life balance, along with special leaves such as Menstrual Leave and Gender Affirmation Leave. Our progressive work-from-home policy is designed to give employees the flexibility they need in today's changing work environment. Joining Sangath means being part of an organization that truly values and supports its people.

About the project

The main objective of KushalMaa research study is to assess the effectiveness of a culturally-tailored mobile interactive education and social support group intervention to supplement standard postpartum care activities in comparison to standard care alone on health-related behaviours and health outcomes in a randomized controlled trial among 2100 postpartum Indian women living in 3 geographically diverse Indian states (namely Madhya Pradesh, Punjab, and Maharashtra) to estimate the impact on maternal and neonatal health-related knowledge, health-related behaviours, and health outcomes. The investigators also seek to characterize mechanisms of impact including knowledge, social support, self-efficacy, and behaviour change, and determine the cost-effectiveness.

More details on the study are available <https://clinicaltrials.gov/study/NCT05268588>

Registered Office Address

Headquarters: House no. 451 (168), Bhatkar Waddo, Socorro, Porvorim, Bardez, Goa – 403501



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Objectives:

Primary: To quantify the effectiveness of an mHealth interactive education and social support intervention on exclusive breastfeeding, postpartum family planning, and postpartum depression.

Secondary: To characterize the mechanisms of impact of the mHealth intervention on maternal and neonatal health in India. Determine the cost-effectiveness of the mHealth intervention in improving postpartum maternal and neonatal health as compared to the standard of care.

From Sangath, the KushalMaa project is currently operationalized in Sehore district of Madhya Pradesh.

Essential Candidate requirements

- A Post graduate degree in Public Health, Statistics, Data Sciences or other data-related fields
- At least 2-3 years experience working in the Maternal and Child Health portfolio research projects at field level
- A good understanding and prior experience of REDCap for data collection
- Proficiency in Excel (advanced) and any of the following R, Python, SPSS, STATA for statistical analysis
- An independent, organized, and proactive team player
- Owns and can drive a 2-wheeler.

Desirable criteria

- Experience and prior training in public health research, social work, psychology related sub-fields
- Ability to carry out field visits as required. In case of multi-day field visit accommodation will be provided by the organisation.
- Ability to work on tight deadlines

Job Responsibilities

- Conduct routine data quality checks and resolve discrepancies with field teams.
- Maintain structured documentation of datasets and reporting tools.
- Monitor progress against targets and generate variance analysis.
- Conduct the baseline and follow-up outcome assessments either in-person and/or telephonically, as per the study protocol and prescribed procedures, in the areas of selected primary healthcare centres and/or participant homes
- Participate in review meetings to present data findings.
- Ensure confidentiality and ethical handling of beneficiary data.
- Comply with organizational data protection policies.
- Maintain secure storage of sensitive information.
- Manage internal coordination with members of the research study, and external coordination and communication with frontline workers (ASHA, ANM, Anganwadi Worker), village leaders, family members and study participants on a regular basis, and as desired by the study procedures

Remuneration and contractual duration

This is a short-term consultancy for 3 months. The salary for the above position is INR 30,000/- per month.

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Last Date and address for applications

Please submit your CV with cover letter to shailendra.kumar@sangath.in by 22nd Feb 2026.

Interested candidates are encouraged to apply early as this will be a rolling recruitment.

Short-listed candidates will be invited for an online/in-person interview. Full applications must include a detailed CV along with a support letter from two of your referees

**Incomplete applications will not be considered.*

Sangath is an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, religion, color, national origin, gender, gender identity, sexual orientation, age, status as a protected veteran, among other things, or status as a qualified individual with a disability.

Commented [SK1]: Better to put Bhopal Hub HR colleagues ID here, so that all applications are routed well to SAHARA team.

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