



HEALING MINDS. INSPIRING LIVES

+91-95525 30557

contactus@sangath.in

www.sangath.in

Date: 30/05/2026

Position Overview

Role: Volunteer ASHA Supporter

Number of Position: 1-2 per operational block in each district

Project: SAHARA

Location: Jhabua, Ujjan, Raisen, Vidisha, Narmadapuram, Gwalior, Morena and Datia

Period: 3-month Consultancy

Time: Full-time (5-6 days a week)/ incentive-based volunteers

About Sangath

Sangath (www.sangath.in) is one of India's leading mental health research non-profit organisation. It was founded in 1996 with its headquarters in Goa; major hubs in Delhi and Bhopal, and programme sites in many parts of the country. Sangath's mission and expertise lies in developing and evaluating mental health interventions to be delivered through existing public systems. Its major thematic areas are: Child development and disability; adolescent health; mental disorders; and ageing. Sangath was awarded the prestigious MacArthur Foundation International Prize for Creative and Effective Institutions in 2008 and the WHO Public Health Champions Award for India in 2016.

About the project

The SAHARA program focuses on scaling up evidence based 'task sharing' interventions for perinatal mental health and early child development through delivery of comprehensive primary mental health care for first 1000 days of life. Sangath has successfully digitized Thinking Healthy Program- Peer delivered (THPP); an evidence-based task sharing intervention for perinatal depression and developed Lalan Palan, a video- based parenting intervention for early child development.

We aim to scale these two interventions across 8 districts of Madhya Pradesh by digitally training community-based workers (ASHAs and Anganwadi workers) and provide them continuous supervision.

About the role

Sangath is seeking ASHA supporting volunteers for the SAHARA project in all of its operating districts. The selected volunteers will work closely with the district team and report to the District Coordinator. Their primary task is to assist the supervisors in the block and would be responsible for 3-4 sectors in a block. They need to be local individuals who can liaison well with the ASHA's. They are to support such that ASHA's in undertaking recruitment.

What we need in a volunteer?

1. From the same block and have good liasoning skills.
2. Responsible for 3-4 sectors in the same block

Registered Office

Headquarters: 451 (168), Bhatkar Waddo, Socorro, Porvorim, Bardez, Goa – 403501, India



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3. Have a 2 wheeler (compulsory) and license to travel within the block. TA allowance will be reimbursed.
4. Volunteers can be male or female, however given the nature of the program female candidates will be preferred.
5. Help the district teams with Trainings and Supervisions as and when needed
6. Assist and motivate ASHAs to conduct PHQ-9 screenings, support delivery of MMHA/counselling services, and encourage ASHAs to attend supervision meetings
7. Collect PHQ-9 forms, MMHA suchi, case books, and referral forms from ASHAs.
8. Data entry of physical PHQ-9 forms.
9. Track counselling sessions of patients handled by ASHAs.
10. Attend sector meetings
11. Conduct regular follow-up calls to ASHAs .
12. Assist in organizing Mann Melas .

Is experience needed as a volunteer?

A good liasoning skills with the ASHA's in the block is needed, since it is a volunteer role it is not degreebased

but more on someone who is interested with a passion to work with ASHAs to support them and learn the operationalisation of a community mental health program.

What would a volunteer need?

- Access to a 2-wheeler (own), a valid license and ability to ride a 2-wheeler.
- Based in the blocks of the district
- Owns a phone

Remuneration

Incentive Model:

- Total Monthly Honorarium: ₹8,000
- Fixed Pay: ₹5,000 (on completion of at least 50% of assigned work)
- Performance Incentive: ₹3,000 (on completion of at least 75% of assigned tasks by District supervisor)

How to Apply?

Interested candidates send their CVs to sahara@sangath.in with the subject line "ASHA Volunteer (district). Eg: ASHA Volunteer_Morena" by **3rd June 2026**. **Short-listed candidates will be invited for an online interview**. Please note applications will be reviewed on a rolling basis. Candidates are invited to apply early.

**Incomplete applications will not be considered.*

Equal Opportunity

Sangath is an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, religion, colour, national origin, gender, gender identity, sexual orientation, age, status as a protected veteran, among other things, or status as a qualified individual with a disability.

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